

WOULD YOU LIKE TO SUPPORT RESEARCH

- ✓ AND are over 18
- ✓ Live within East Midlands (Lincolnshire, Northamptonshire, Derbyshire, Nottinghamshire, Leicestershire and Rutland)



MULTI-ETHNIC LIFESTYLE QUESTIONNAIRE STUDY

A questionnaire study looking at how lifestyle behaviours could impact health now and in the future.



NIHR | Applied Research Collaboration
East Midlands

University Hospitals of Leicester
NHS Trust



THE MULTI-ETHNIC LIFESTYLE STUDY QUESTIONNAIRE BOOKLET

Please read the attached participant information sheet V4.0 21.03.2024 before deciding whether or not to take part. Once you have decided that you would like to take part, remove the participant information sheet and keep for your reference. Once completed, please see the **box** 'THE MULTI-ETHNIC LIFESTYLE STUDY' and place the completed questionnaire form in the **box** which you will find on the reception desk in your clinic/surgery.

Principal Investigator: Professor Kamlesh Khunti

Survey Link: redcap.lcbru.le.ac.uk/surveys Access Code: DFTJCJ93F

If you would like to find out more, please contact a member of the research team on telephone number **0116 258 8602** **uhl-tr.melsmailbox@nhs.net**



FUNDED BY
NIHR | National Institute for
Health and Care Research



Leicester Diabetes Centre