

# Free NHS Screening Programmes

 **WOULD YOU SAY NO TO FREE CASH, A FREE HOLIDAY OR A GIFT?**





**Then why say no to FREE NHS health checks and screening programmes?**

**Many serious illnesses can be treated more successfully when found early.**

## **FREE NHS Programmes Available:**

- Abdominal Aortic Aneurysm (AAA) Screening
- Bowel Cancer Screening
- Breast Screening
- Cervical Screening
- Diabetic Eye Screening
- NHS Health Checks
- Lung Cancer Screening (where available)

## **These FREE checks can:**

-  Save your life
-  Detect problems early
-  Help prevent serious illness
-  Give you peace of mind

## **Don't Ignore Your Invitation**

**If you've received a letter, text message or phone call inviting you for screening or a health check:**

**Book it. Attend it. It could make all the difference.**

## What's Stopping You?

Many people feel unsure about screening appointments.

You might be thinking:




- ? "Will it hurt?"
- ? "What will happen?"
- ? "What if they find something?"
- ? "I'm too busy."

## The Reality

- ✓ Most checks are quick and straightforward
- ✓ Healthcare professionals are there to support you
- ✓ Finding problems early usually means more treatment options and better outcomes
- ✓ Knowing is better than worrying

## We Are Here to Help

If you have questions about any screening programme or health check, please speak to a member of our team.

-  **Contact Reception**
-  **Visit the NHS website**
-  **Attend when invited**

**IT'S FREE. IT MATTERS. IT COULD SAVE YOUR LIFE.**